

**Carson City Health and Human Services
Chronic Disease Prevention and Health Promotion Section Report
Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease**

Thursday, October 27, 2016

New Staff

- No new staff members within the Chronic Disease Prevention and Health Promotion Division

Other Health Department News

- Both Carson Tahoe Hospital and CCHHS are required to conduct Community Health Needs Assessments this year so both agencies have partnered to share information and to reduce redundancy in the assessments. This project will result in a comprehensive assessment that will look at the community's health at many different levels.

On October 10th and 11th, Carson City's Local Public Health System Performance Assessment was conducted with various agencies within the community participating. Four different meetings were conducted -

- Meeting #1 focused on Community Health Planning and Policies, Epidemiology, Public Health Preparedness, and Public Health Ordinances and Laws
- Meeting #2 focused on Community Data Collection and Sharing, and Public Health Information and Education
- Meeting #3 focused on Community Organization Partnerships and Programs, Referral Systems, and Program Evaluation
- Meeting #4 focused on Community Health Workforce Development, Research, and Use of Best Practices

Next steps include a Forces of Change Assessment. All the results will be compiled to include in the 2017 Community Health Needs Assessment, then the Community Health Improvement Plan process will begin.

- Influenza vaccination outreach efforts include approximately 25 schools and 35 community locations throughout October.
- A community Influenza Vaccination Point of Dispensing (POD) exercise was conducted on Saturday, October 22, 2016 at the Carson City Mall; 10:00 am – 2:00 pm. This was a walk in exercise with insurance information collected.

Staffing Matrix for Chronic Disease

57% Tobacco Core Funding

18% FHN Funds

Programming

Diabetes Prevention and Control Program

- Signed a memorandum of understanding with Dignity Health to be sub-funded with Diabetes grant dollars to provide efforts in diabetes management and diabetes prevention in Carson City, Lyon County, and Douglas County. The work plan will entail providing education to a minimum



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of 20 health providers for referral information to diabetes self-management education using the Nevada DSME toolkit and education on appropriate screening for and diagnosis of prediabetes with appropriate referrals to CDC recognized Diabetes Prevention Programs in Nevada.

Tobacco Prevention and Control Program

- WNC Tobacco Free Policy work for campus - We worked with WNC to finally form an organized task force and designate a Chair person from WNC. We worked with them to apply for the Truth Initiative Grant for \$10,000.00 of which they were awarded. Fall semester of 2016 implementation of a Tobacco policy was started with the campus going with designated smoking areas and all of the rest of campus is Tobacco Free. Starting Fall 2017, the campus will be completely Tobacco Free. Many events and signage was provided to help with the implementation of the policy.
- Nevada Tobacco Quitline/Cessation efforts: Carson Tahoe Regional Medical Center agreed to utilize the template for Smoking cessation which is evidence based as their only cessation discharge instructions electronically. They put in the custom instructions at their cost, and “grayed” out all other cessation instruction to prevent providers from choosing the others in the software program.
- Completed Provider Guide to Tobacco and Nicotine Billing and completed training to Carson Medical Group and Carson Tahoe Cardiology, this effort continued to educate providers and answer questions as needed.
- Completed Education and Training to Carson High School and Douglas High School Health Classes on Tobacco and Nicotine Addiction and Prevention.
- Member of the Nevada State Heart and Stroke Task Force working on strategic goals which directly involve tobacco prevention to affect outcomes of heart and stroke disease, especially in areas of electronic health records and discharge instructions.
- Multi-unit housing efforts: Completed a large media campaign specific to our multi-unit housing in Carson City. This included radio, Facebook, print ad inserts in the local paper, and reaching out boots on the ground to housing complexes. The goal of the campaign was to reach owners and tenants with stating the need for smoke-free housing opportunity for tenants. The response was minimal from housing and this continues to be an uphill battle in Carson City.
- Nevada Tobacco Prevention Coalition: Continue to participate as Executive Board Member, General Member, Policy Committee Member and Action Committee Member for this statewide coalition

Other Programming Within the Health Department

Women’s Health Connection Program

Through Carson City Clinical Services and Douglas County Clinical Services, 118 women have been enrolled and provided services during April - September 2016.



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Comprehensive Cancer Control Program

Through Carson City Clinical Services and Douglas County Clinical Services, pap smears and breast exams are performed in both our Carson City and Douglas County clinics under Title X funding. When indicated, coloscopies are performed in our Carson City clinic.

Community Health Worker Program

Within CCHHS Human Services Division a Community Health Worker program is being piloted within our CSBG grant to work with housing clients that have medical/social needs. This program is going very well. In the future, avenues to fund Community Health Worker programs would like to be explored to develop Community-Clinical linkages and the use of a CHW in a full Chronic Disease prevention and health promotion program specific to our priority areas in our community identified in our CHNA and CHIP.

Heart and Stroke Prevention and Control

Tobacco participates on a task force with the State program.

Obesity Prevention and Control

Non funded CDHPH program: Our Safe Routes to School program provides education and events to encourage students to exercise through encouraging riding bikes or walking to school. Since April, Bicycle/Pedestrian Instruction was conducted at 8 schools and 3 community organizations, over 150 helmets were distributed to youth in Fernley, NV (Cottonwood Elementary, Fernley Fall Fest), and 19 schools in Carson City, Lyon and Douglas Counties participated in Walk to School Day.

